



# APRIL 2018

# BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
2	3	4	5	6	7	8
<b>Mini Waffles w/Syrup</b> <b>Fresh Pineapple</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Star Spangled Pancakes</b> <b>Sausage Patty</b> <b>Tropical Fruit</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Whole Wheat Muffin</b> <b>Fresh Strawberries</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Whole Grain Cereal</b> <b>String Cheese</b> <b>Sliced Pears</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Whole Grain Twist Roll</b> <b>Mandarin Oranges</b> <b>Fruit Juice</b> <b>Milk</b>		
9	10	11	12	13	14	15
<b>Whole Grain Cereal</b> <b>Yogurt Cup</b> <b>Applesauce</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Biscuit &amp; Gravy</b> <b>Pineapple Chunks</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Scrumptious Coffeecake</b> <b>Tropical Fruit</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Western Omlet</b> <b>Quesadilla</b> <b>w/Tomato Salsa</b> <b>Fresh Grapes</b> <b>Fruit Juice</b> <b>Milk</b>	<b>French Toast Sticks</b> <b>w/ Syrup</b> <b>Fruit Cocktail</b> <b>Fruit Juice</b> <b>Milk</b>		
16	17	18	19	20	21	22
<b>NO SCHOOL TEACHER IN-SERVICE</b>	<b>Whole Grain Twist Roll</b> <b>Fresh Banana</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Mini Waffles w/Syrup</b> <b>Grapes</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Breakfast Pizza</b> <b>Peach Slices</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Excellent Egg Taco</b> <b>w/Tomato Salsa</b> <b>Graham Crackers</b> <b>Fresh Kiwi</b> <b>Fruit Juice</b> <b>Milk</b>		
23	24	25	26	27	28	29
<b>Whole Grain Cereal</b> <b>Sausage Patty</b> <b>Diced Pears</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Biscuit &amp; Gravy</b> <b>Fresh Oranges</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Kansas Granola Bar</b> <b>Sliced Peaches</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Chicken Biscuit</b> <b>Breakfast Sandwich</b> <b>Fresh Mixed Fruit</b> <b>Cup</b> <b>Fruit Juice</b> <b>Milk</b>	<b>Pancake on a Stick</b> <b>Fresh Strawberries</b> <b>Fruit Juice</b> <b>Milk</b>		
30		<p>NOTES: SINGLE SIZE YOUR SNACKS</p> <p>Eating from a bag or box makes it hard for your youngster to know how many servings he consumes. Instead, help him count or measure single servings into snack-size bags. Examples: 20 mini pretzels, 1 cup popcorn.</p>				
<b>Oatmeal Breakfast</b> <b>Round</b> <b>Yogurt Cup</b> <b>Fruit Juice</b> <b>Milk</b>	<p>This institution is an equal opportunity provider.</p>					