



APRIL 2017

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
3 Mini Waffles w/Syrup Fresh Pineapple Fruit Juice Milk	4 Star Spangled Pancakes Sausage Patty Tropical Fruit Fruit Juice Milk	5 Whole Wheat Bagel w/ Toppings Fresh Strawberries Fruit Juice Milk	6 Muffin Sliced Pears Fruit Juice Milk	7 Whole Grain Cinnamon Roll Mandarin Oranges Fruit Juice Milk	8	9
10 Breakfast Pizza Peach Slices Fruit Juice Milk	11 Mini Waffles w/Syrup Pears Fruit Juice Milk	12 Excellent Egg Taco w/ Tomato Salsa Graham Snacks Apple Slices Fruit Juice Milk	13 Whole Grain Muffin Rosy Applesauce Fruit Juice Milk	14 GOOD FRIDAY NO SCHOOL		
17 TEACHER IN-SERVICE NO SCHOOL	18 Breakfast Pizza Peach Slices Fruit Juice Milk	19 Oatmeal Breakfast Round Yogurt Cup Strawberries Fruit Juice Milk	20 French Toast Sticks w/Syrup Fresh Grapes Fruit Juice Milk	21 Whole Wheat Bagel w/ Toppings Fresh Pineapple Fruit Juice Milk	22	23
24 Whole Grain Cereal Sausage Patty Diced Pears Fruit Juice Milk	25 Granola Bar Pear Halves Fruit Juice Milk	26 Pancake on a Stick Fresh Strawberries Fruit Juice Milk	27 Biscuit & Gravy Peaches Fruit Juice Milk	28 Doughnuts Yogurt Applesauce Fruit Juice Milk	29	30
This institution is an equal opportunity provider.		<p>NOTES: All about balance ~ Working on balance skills will help your youngsters not only with sports and gross motor skills, but with everyday activities, too. Try these three games. 1. Be a statue, and guess each other's pose. Your child might "ride a horse" like a war hero, while you raise one arm up to be the Statue of Liberty. 2. Tape together six cardboard boxes different sizes. Have your youngster number them 1-6. Roll a die, and she puts one foot in the matching box (roll a 3, and they puts the right foot in box #3). Roll it again, and the other foot goes in the box that matches. Roll a few more times, and then it's your turn to balance in the box. 3. Go "surfing" on dry land. Place a board (surfboard, sled or boogie board) on a pool noodle or on an upside down container so it will wobble when stood on. Now they can ride the waves!</p>				