




JANUARY 2018

Breakfast Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|--|--|---|--|--------|
| 1  | 2 Christmas Break | 3 Teacher Professional Learning NO SCHOOL | 4 Whole Grain Muffin Tropical Fruit Fruit Juice Milk | 5 Sausage Breakfast Sandwich Pineapple Chunks Fruit Juice Milk | 6  | 7 |
| 8 Whole Grain Cereal Sausage Patty Diced Pears Fruit Juice Milk | 9 Biscuit & Gravy Fresh Orange Fruit Juice Milk | 10 Egg & Ham Patti Grapes Fruit Juice Milk | 11 Chicken Biscuit Breakfast Sandwich Fruit Cocktail Fruit Juice Milk | 12 Pancake on a Stick Fresh Strawberries Fruit Juice Milk | 13 | |
| 15 Teacher In-Service NO SCHOOL | 16 French Toast Sticks w/Syrup Fresh Grapes Fruit Juice Milk | 17 Oatmeal Breakfast Round Yogurt Cup Banana Fruit Juice Milk | 18 Whole Wheat Bagel w/Toppings Applesauce Fruit Juice Milk | 19 Breakfast Pizza Sliced Peaches Fruit Juice Milk | 20 | 21 |
| 22 Mini Waffles w/Syrup Pineapple Fruit Juice Milk | 23 Star Spangled Pancakes Sausage Patty Tropical Fruit Fruit Juice Milk | 24 Whole Wheat Bagel w/Toppings Fresh Strawberries Fruit Juice Milk | 25 Whole Grain Cereal Sliced Pears Fruit Juice Milk | 26 Whole Grain Cinnamon Roll Mandarin Oranges Fruit Juice Milk | 27 | 28 |
| 29 Whole Grain Cereal Yogurt Cup Fresh Apple Fruit Juice Milk | 30 Biscuit & Gravy Pineapple Chunks Fruit Juice Milk | 31 French Toast Sticks w/Syrup Fruit Cocktail Fruit Juice Milk | |  | | |
| This institution is an equal opportunity provider | <p>NOTES: COOK ~ AND SERVE ~ SMART</p> <p>Cut back on how much food everyone eats before the meal even begins. You might bake macaroni & cheese in individual ramekins, one per person. Or plate food before bringing it to the table. Your youngster will get used to enjoying reasonably sized meals.</p> | | | | | |