




# JANUARY 2018

# Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 	2 <b>Christmas Break</b>	3 <b>Teacher Professional Learning NO SCHOOL</b>	4 Chili Tortilla Chips (9-12) Bell Pepper Strips Mango Cinnamon Roll Canned Peaches (9-12) Milk	5 Macaroni & Cheese Meatballs Whole Wheat Bread & Jelly (6-12) Seasoned Peas Fersh Baby Carrots Apple Salad Canned Pears (9-12) Milk	6 	7
8 Corn Dog Green Beans Tater Tots Fruit Cocktail Snickerdoodle Fresh Apples (9-12) Milk	9 Pork Rib on a Bun Dark Green Leaf Lettuce Tomato Slice Sweet Potato Fries Banana Canned Pears (9-12) Milk	10 Chicken Quesadilla Tortilla Chips (9-12) Black Bean & Corn Salsa (9-12) Refried Beans Grapes Canned Pineapple(9-12) Milk	11 Taco Soup Tortilla Chips Tomato Salsa Broccoli Florets Fresh Strawberries Canned Peaches (9-12) Milk	12 Cavatini Whole Wheat Roll & Jelly Seasoned Corn Garden Salad Fresh Orange Fruit Cocktail (9-12) Milk	13	
15 <b>Teacher In-Service NO SCHOOL</b>	16 Pepperoni Pizza Tossed Salad Cherry Tomatoes Bananas Chocolate Chip Cookie Cherry Applesauce (9-12) Milk	17 Taco Burger on a Bun Tortilla Chips (6-12) Tomato Salsa Dark Green Leaf Lettuce Tomato Slice Refried Beans Fresh Orange Canned Pears (9-12) Milk	18 Lasagna Garlice Bread Stick w/Marinara Sauce Garden Salad Fresh Apple Slices Tropical Fruit (9-12) Milk	19 Chicken Patty Whole Wheat Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears Fresh Oranges (9-12) Milk	20	21
22 Baked Chicken Drumstick Savory Rice Oatmeal Roll & Jelly Fresh Broccoli Cherry Tomatoes Fresh Mango Canned Pears (9-12) Milk	23 Chicken Tetrzzini Garlic Bread Tossed Salad Seasoned Peas Grapes (9-12) Peaches Milk	24 Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Fresh Clementine Applesauce (9-12) Milk	25 Beef & Noodles Mashed Potatoes Green Beans Fresh Grapes Blueberry Oat Muffin (6-12) Fruit Cocktail (9-12) Milk	26 Sloppy Joe on a Bun Roasted Red Potatoes Baked Beans Fresh Apple Slices Canned Peaches (9-12) Milk	27	28
29 Cheese Pizza Broccoli Florets Fresh Baby Carrots Grapes Applesauce (9-12) Milk	30 Mini Meatball Sub Ranch Potato Wedges Tossed Salad Bananas Canned Pineapple (9-12) Milk	31 Biscuits & Gravy Sausage Patty (6-12) Fresh Sugar Snap Peas Hash Brown Patty Fresh Apples Canned Peaches (9-12) Milk				
<b>This institution is an equal opportunity provider</b>	<p>NOTES: COOK ~ AND SERVE ~ SMART</p> <p>Cut back on how much food everyone eats before the meal even begins. You might bake macaroni &amp; cheese in individual ramekins, one per person. Or plate food before bringing it to the table. Your youngster will get used to enjoying reasonably sized meals.</p>					