





March 2024

LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: * Participating in sports can build your child up... or drag them down. Make athletics a positive experience for your youngster with these strategies: * Encourage them to set goals - but make sure goals are realistic. They might aim to touch the ball three times during a game or try a move that they've been working on. * Avoid comments about your youngster's size or body. Concentrate on the friends they are making, the places they are playing, and the effort they are putting forth ("I love how you tried to get the rebound").					1 Fish Nuggets Whole Wheat Roll & Honey Mashed Potatoes & Gravy Fresh Baby Carrots Fresh Grapes Strawberries (9-12) Milk	2 
3	4 Mini Meatball Sub Ranch Potato Wedges Tossed Salad Peach Tropical Fruit (9-12) Milk	5 BBQ Chicken Drumstick Whole Wheat Roll & Jelly Baked Beans Creamy Coleslaw Pineapple Grapes (9-12) Milk	6 Chicken Patty on a Bun Baked Beans Cherry Tomatoes Cucumber Slices Fresh Banana Peach (9-12) Milk	7 Biscuits & Gravy Sausage Patty (6-12) Fresh Sugar Snap Peas Hash Brown Patty Fresh Raspberry Mandarin Orange (9-12) Milk	8 Cheese Pizza Broccoli Florets Fresh Baby Carrots Fresh Citrus Fruit Cup Pears (9-12) Milk	9
10	11 	12	13	14	15 	16
17 	18 Chicken Tetrazzini Garlic Bread Stick Tossed Salad Seasoned Peas Cherry Applesauce Blueberries (9-12) Milk	19 Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Clementine Fruit Cocktail (9-12) Milk	20 Baked Chicken Drumstick Savory Rice Roll & Jelly Fresh Broccoli Cherry Tomatoes Mango Applesauce (9-12) Milk	21 Yummy Sloppy Joe on a Bun Roasted Red Potatoes Baked Bean Fresh Apple Apricot (9-12) Milk	22 Waffle Hash Brown Potatoes Green Beans Fresh Grapes Yogurt, Banana Bread Apricot (9-12) Milk	23
24	25 Sausage Pizza Tossed Salad Cherry Tomatoes Fresh Orange Pineapple (9-12) Milk	26 Taco Burger on a Bun Tomato Salsa Tortilla Chips (6-12) Dark Green Leaf Lettuce Tomato Slice, Refried Beans Fresh Banana Pear (9-12) Milk	27 Chef Salad Ham & Turkey Pasta Salad Breadstick Broccoli Florets Fruit Cocktail Grapes (9-12) Milk	28 Chicken Patty Whole Wheat Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears Banana (9-12) Milk	29 No School Good Friday	30